

October 2026 River Bend Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1(D) Meatloaf or Chicken Tenders, Macaroni and Cheese, Vegetable (S)Swedish Meatballs, Mashed Potatoes	2(D) Chicken Bacon Swiss on a Bun or Fish, Seasoned Potatoes, Vegetable (S)Tomato Soup and a Grilled Cheese Sandwich	3(D) Chicken Drumstick, Cheesy Hashbrown Bake, California Blend (S)Chili and Cornbread
4(D) Turkey Roast, Baby Bakers, Carrots (S) Sausage Pizza and Tossed Salad	5 (D) Open Faced Hot Beef Sandwich or Catch of the Day, Mashed Potatoes, Buttered Peas (S) Chicken Sandwich, Tator Tots	6(D) Honey Baked Ham or Chicken Tenders, DiJon Scalloped Potatoes, Cascade Blend (S)Tuna Salad Sandwich, Chips	7(D) Shrimp Alfredo on Fettuccini Noodles or Chicken Parmesan, Broccoli, Garlic Bread Stick (S)Lasagna Roll Up, Green Beans	8(D) Herb Roasted Pork Loin or BBQ Chicken, Baked Potato, Vegetable (S)Homemade Chicken Noodle Soup, Dinner Roll	9(D) Catch of the Day or a Turkey Burger, Parmesan Orzo, California Blend (S)Chicken Ranch Wrap,Pasta Salad	10(D) Hamburger Steak in Gravy,Mashed Potatoes,Vegetable (S)Sweet and Sour Pork over Fried Rice, Egg Roll
11(D) Chicken Cordon Bleu, Mashed Potatoes W/ Chicken Gravy, Vegetable (S)Meatball Sub, Potato Chips	12(D) Lasagna or Country Fried Steak W/Country Gravy, Vegetable, Garlic Breadstick (S)Creamed Chicken and Biscuits	13(D) Pork Schnitzel or Nacho Chicken, Parslied Potatoes, Corn (S)Hot and Ham Cheese Sandwich, Pasta Salad	14 (D) Salisbury Steak or Catch of the Day, Mashed Potatoes, Vegetables (S)Pizza Burger, Fried Potatoes	15(D) Pork Enchilada or Smoked Sausage, Mexican Rice, Southwest Corn (S)Sloppy Joe, Hashbrown Patty	16(D) Deluxe Fish Sandwich or Taco Salad, Chips (S)Chicken and Rice Bake	17(D) Orange Chicken, Fried Rice, Broccoli (S)Italian Beef on a Bun, Tater Tots
18(D) Swiss Steak W/ Tomatoes, Loaded Mashed Potatoes, Cascade Blend (S)Ham Salad on a Croissant, Chips	19(D) Baked Spaghetti Pie or Fish, Green Beans, Garlic BreadStick (S)BBQ Rib Patty on a Bun, Potato Wedges	20(D) Asian Chicken Salad or Glazed Pork Loin, Sweet Potatoes, Cauliflower W/Cheese Sauce (S)Goulash, Corn	21(D) Roast Beef or Fried Chicken, Mashed Potatoes W/Gravy, Carrots (S)Pulled Pork on a Bun, Tator Tots	22(D) Baked Swiss Chicken or Hamburger Steak, Garden Long Grain Rice, Country Trio (S)Chili Dog, Pasta Salad	23(D) Honey Butter Biscuit Pollok or Baked Ham, Macaroni and Cheese, Broccoli (S)Madrite on a Bun, Chips	24(D) California Hamburger on a Bun, Potato Salad, Baked Beans (S)Tator Tot Casserole, Peas
25(D) Country Fried Steak, Mashed Potatoes W/Country Gravy, Vegetable (S) Chicken Salad on a Bun, Chips	26(D) BBQ Ribs Or Salisbury Steak, Parslied Potatoes, Vegetable (S)Sloppy Joe on a Bun, Potato Salad	27(D) Summer Citrus Chicken or Pepper Steak, Seasoned Orzo, Vegetable (S)Spaghetti and Meatballs, Garlic Breadstick	28(D) Ruben Sandwich or Smothered Pork Chop, Baked Potato, Vegetable (S)Fish and Chips	29(D) Meatloaf or Chicken Tenders, Macaroni and Cheese, Vegetable (S)Swedish Meatballs, Mashed Potatoes	30(D) Chicken Bacon Swiss on a Bun or Fish, Seasoned Potatoes, Vegetable (S)Tomato Soup and a Grilled Cheese Sandwich	31(D) Chicken Drumstick, Cheesy Hashbrown Bake, California Blend (S)Chili and Cornbread 