

October 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Flu Shot Clinic Begins 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	2 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Name That Tune (M)	3 9:30 Bible Study 2:45 Mass in the Chapel w/ Divine Word
4 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper	5 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	6 10:15 Rosary in the Chapel 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip	7 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	8 9-12 Cascade Community Senior Wellness Fair 10:15 Word & Communion 2:00 Pumpkin Painting w/ Fox Therapy!	9 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Scenic Drive & Pie @ Breitbach's	10 9:30 Bible Study
11 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper	12 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Penny Drop 2:30 Penny Drop (M)	13 9:00 Coffee & Conversations w/ Rachel (NAMI) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	14 9-10 Blood Pressure Checks 10:00 Mass in the Chapel 1:30 Oktoberfest German Happy Hour 2:30 Happy Hour (M)	15 9:30 Bean Bag Toss (M) 10:30 Bean Bag Toss 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	16 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 2:00 Live Music by Todd Hagen	17 9:30 Bible Study 2:45 Mass in the Chapel w/ Divine Word
18 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper	19 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Scrabble/Euchre 2:30 What's in the Bag? (M)	20 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	21 9:30 Chair Exercise 10:30 Exercise w/ Tyler! (Hospice of Dubuque) 1:30 Halloween Craft 2:30 Halloween Craft (M)	22 10:15 Word & Communion 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	23 9:00 Men's Coffee 9:30 Basketball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Cards and Games(M)	24 9:30 Bible Study
25 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper 	26 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	27 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	28 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Baking Club- Spooky Treats! 2:30 Baking Club (M)	29 9:00 Coffee & Conversations w/ Rachel (NAMI) 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	30 AM- Podiatry Visit 1:30 Halloween Bingo at The Library!	31 9:30 Bible Study 3-4 Trick or Treat at River Bend Happy Halloween!
			Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments			