

September 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:15 Rosary in the Chapel 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip	2 10:00 Monarch Butterfly program w/ DBQ County Conservation 1:30 Happy Hour 2:30 Ice Cream Social (M)	3 9:30 Drum Fit (M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	4 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Name That Tune (M)	5 9:30 Bible Study 2:45 Mass in the Chapel w/ Divine Word
6 8:30 Communion Distribution	7 	8 10:00 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	9 9-10 Blood Pressure Checks 10:00 Mass in the Chapel 1:30 Euchre/Scrabble 2:30 Cards & Games (M)	10 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	11 9:30 Chair Exercise (M) 10:30 Fitness Friday! 1:30 Wheel of Fortune 2:30 Cards & Games (M)	12 9:30 Bible Study 6:30 Iowa vs. ISU Football game
13 8:30 Communion Distribution 1:30 Grandparents Day Community BINGO! <i>Grandparents Day National Assisted Living Week Sept. 13-19</i>	14 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church 2:30 Live Music w/ Steve Kalmes	15 10:15 Rosary in the Chapel 1:30 Card BINGO w/ prizes! w/ Angie- Care Initiatives 2:30 Card BINGO (M)	16 9:30 Chair Yoga (M) 10:30 Chair Exercise (M) 1:30 Happy Hour w/ Vicky! Dessert Samples 5:30 Wood Sign Workshop	17 9:30 Carnival Games(M) 10:30 Carnival Games 1:30 Rock Around the Clock Music BINGO! 2:30 BINGO (M)	18 9:00 Shining Stars Awards Donut & Coffee Social 2:30 Classic Car Show & Root Beer Floats	19 9:30 Bible Study 2:45 Mass in the Chapel w/ Divine Word
20 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper	21 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 What's in the Bag? 2:30 What's in the Bag? (M)	22 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	23 9:00 Casino/Pizza Ranch Trip 1:30 Happy Hour 2:30 Ice Cream Social (M)	24 10:15 Word & Communion 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	25 9:00 Men's Coffee 9:30 Basketball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 The Price is Right 2:30 The Price is Right (M)	26 9:30 Bible Study
27 8:30 Communion Distribution 5:30 Euchre Club- Resident led after Supper	28 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	29 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	30 8:30 Manicures 9:30 Chair Yoga (M) 1:30 Minute to Win it Games 2:30 Minute to Win it (M)			
		Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments				