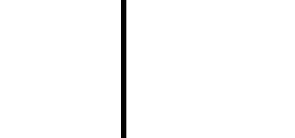
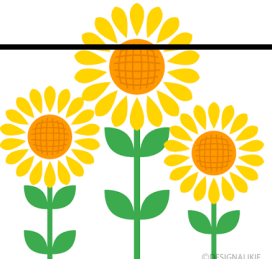


August 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	  					1 9:30 Bible Study 2:45 Mass in the Chapel w/ Divine Word
2 10:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	3 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	4 9:00 Coffee & Conversations w/ Rachel (NAMI) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	5 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Ice Cream in Bag 2:30 Ice Cream in a Bag (M)	6 9:30 Minute to Win It Games (M) 10:30 Minute to Win It Games 1:30 Trivia w/ Tyler Hospice of Dubuque 2:30 BINGO (M)	7 9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30  2:30 Water Balloons (M)	8 9:30 Bible Study
9 10:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	10 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Penny Drop Dice Game 2:30 Penny Drop Dice Game (M)	11 10:15 Rosary in the Chapel 1:30 Card BINGO w/ Angie- Care Initiatives 2:30 Card BINGO (M)	12 9-10 Blood Pressure Checks 9:30 Chair Yoga (M) 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Happy Hour! 2:30 Happy Hour! (M)	13 10:15 Word & Communion 1:30 Music w/ Janet Lieb!	14 9:30 Bean Bag Toss (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30  2:30 BINGO (M)	15 9:30 Bible Study 10:00 Cascade Hometown Days Parade Line-Up 2:45 Mass in the Chapel w/ Divine Word
16 10:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	17 9:30 Bean Bag Toss (M) 10:30 Chair Exercise 1:30 Scrabble/Euchre 2:30 Cards & Games (M)	18 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	19 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Baking Club 2:30 Baking Club (M)	20 9:30 Drum Fit (M) 10:30 Bean Bag Toss 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	21 9:30 Basketball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Word Games (M)	22 9:30 Bible Study
23 10:00 Communion Distribution 20th Anniversary Party Lunch 12-1 Music 1-3 5:30 Euchre Club- Resident led after Supper	24 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	25 8:30 Manicures  10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	26 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30  2:30 BINGO (M)	27 10:15 Word & Communion 2:00 Coffee & Conversation w/ Rachel (NAMI) 2:30 Minute to Win It Games (M)	28 9:00 Men's Coffee 9:30 Ball Toss (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Ice Cream Social at the Library! 2:30 Ice Cream Social (M)	39 9:30 Bible Study
30 10:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	31 9:30 Bean Bag Toss (M) 10:30 Chair Exercise 1:30 Craft 2:30 Craft (M)		Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments			