





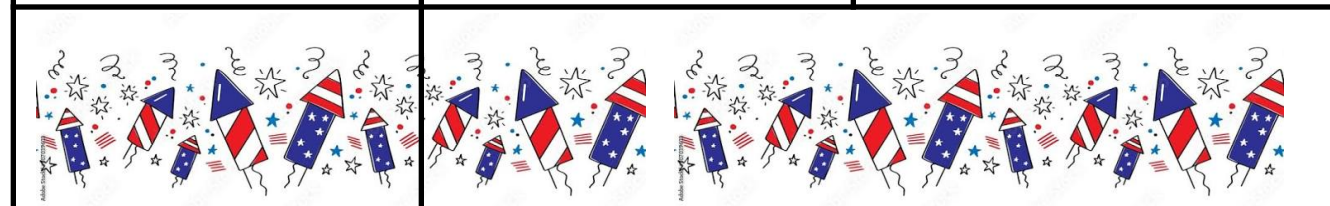


# July 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Making Hand Pies 2:30 Hand Pies (M)	<b>2</b> 9:30 Drum Fit (M) 10:30 Drum Fit  1:30 BINGO! 2:30 BINGO (M) 	<b>3</b> 9:30 Table Ball (M) 10:30 Chair Exercise 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	<b>4</b> <b>9:00 Bible Study</b> <b>2:45 Mass in the Chapel w/ Divine Word</b> 
<b>5</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>6</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  <b>1:30 Worship &amp; Prayer w/ Cornerstone Church</b>	<b>7</b> 10:15 Rosary in the Chapel  1:30 Card BINGO  2:15 Pet Visit w/ Ed & Chip	<b>8</b> 9:30 Chair Yoga (M) <b>9-10 Blood Pressure Checks</b> 10:30 Chair Exercise <b>1:30 Happy Hour with Fidelity Bank</b> 2:30 Ice Cream Social (M)	<b>9</b> <b>10:15 Word &amp; Communion w/ Deacon Joe</b>  1:30 BINGO! 2:30 BINGO (M) 	<b>10</b> 9:30 Granny Pants! (M) <b>10:30 Fitness Friday!</b> 12:00 Dollar General 1:30 Jeopardy 2:30 Cards & Games (M)	<b>11</b> <b>9:00 Bible Study</b>
<b>12</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>13</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Penny Drop 2:30 Dice Games (M)	<b>14</b> <b>9:00 Fishing Trip &amp; Picnic Lunch</b> 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	<b>15</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 Euchre/Scrabble 2:30 Cards & Games (M)	<b>16</b> 9:30 Drum Fit (M) 10:30 Bean Bag Toss  <b>2:00 Live Music by Todd Hagen</b>	<b>17</b> 9:30 Chair Exercise (M) <b>10:30 Fitness Friday!</b> 12:00 Brother's Market 1:30 BINGO! 2:30 BINGO (M) 	<b>18</b> <b>9:00 Bible Study</b>  <b>2:45 Mass in the Chapel w/ Divine Word</b>
<b>19</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>20</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Summer Craft 2:30 Summer Craft (M)	<b>21</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>22</b> <b>8:30 Manicures</b> 9:30 Chair Yoga (M)  1:30 Happy Hour 2:30 Happy Hour (M)	<b>23</b> <b>10:15 Word &amp; Communion w/ Deacon Joe</b>  <b>1:30 BINGO! With Julie from Above &amp; Beyond</b> 2:30 BINGO (M) 	<b>24</b> <b>AM: Podiatry Visits</b>  1:30 Wheel of Fortune 2:30 Cards and Games (M)	<b>25</b> <b>9:00 Bible Study</b>
<b>26</b> 9:00 Communion Distribution  5:30 Euchre Club- Resident led after Supper	<b>27</b> 9:30 Chair Exercise (M) 10:30 Chair Exercise  1:30 Left, Right, Center 2:30 Left, Right, Center (M)	<b>28</b> 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	<b>29</b> 9:30 Chair Yoga (M) 10:30 Chair Exercise  1:30 County Fair Games 2:30 County Fair Games (M)	<b>30</b> 9:30 Drum Fit (M) 10:30 Drum Fit  1:30 BINGO! 2:30 BINGO (M) 	<b>31</b> <b>9:00 Men's Coffee</b> 9:30 Table Ball (M) <b>10:30 Fitness Friday!</b> 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Word Games (M)	



**Activities in RED are open to the public.**  
**Note: Times and activities are subject to change. (M) is for activities in Moments.**