














May 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30 Table Ball (M) 10:30 Chair Exercise 12:00 Brother's Market 1:30 Kentucky Derby Horse Racing! 2:30 Kentucky Derby (M)	2 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
3 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	4 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	5 10:15 Rosary in the Chapel 1:30 Cinco de Mayo Happy Hour 2:15 Pet Visit w/ Ed & Chip 	6 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 BINGO  2:30 BINGO (M)	7 9:30 Drum Fit (M) 10:30 Bean Bag Toss 1:30 Mother's Day Tea w/ Music by Laura, Music Therapist	8 9:30 Granny Pants! (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Cards & Games (M)	9 9:00 Bible Study
10 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper 	11 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Coffee & Conversations w/ Rachel (NAMI) 2:30 Penny Drop (M)	12 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	13 9:30 Chair Yoga (M) 9-10 Blood Pressure Checks 10:30 Chair Exercise 1:30 Timeslips Happy Hour w/ Julie 2:30 Stories Out of a Hat (M)	14 10:15 Mass in the Chapel 1:30 BINGO! 2:30 BINGO (M) 	15 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Baking Club 2:30 Baking Club (M)	16 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
17 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	18 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	19 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	20 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Rock Around the Clock Music BINGO 2:30 Music BINGO (M)	21 9:30 Drum Fit (M) 10:00 Book Talk w/ Phil 1:30 BINGO! 2:30 BINGO (M) 	22 9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Dollar General 1:00 Live Music w/ Dave Mehrl 	23 9:00 Bible Study
24 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	25 	26 9:00 Coffee & Conversations w/ Rachel (NAMI) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	27 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	28 10:15 Mass in the Chapel 1:30 BINGO! 2:30 BINGO (M) 	29 9:00 Men's Coffee 9:30 Ladder Ball (M) 10:30 Fitness Friday 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Cards & Games (M)	30 9:00 Bible Study
31 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper		Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments.				