

Open to the Public in March

Bible Study

Every Saturday @ 9:00 AM

Fitness Fridays

Every Friday in March @ 10:30 AM

Cornerstone Church

Monday, March 2 @ 3:30 PM

Blood Pressure Checks

Wednesday, March 11 from 9-10 AM

“Lucky to Have Support” with St. Croix Hospice

Wednesday, March 11 @ 1:30

BINGO with Above & Beyond

Wednesday, March 11 from 9-10 AM

55+ Irish Lunch

Tuesday, March 17

11:30 AM Lunch

RSVP to (563)852-5001

12:30 Irish Dancers

Easter Bunny Visits

Sunday, March 29 From 1-3 PM

Men’s Coffee -Brewing Friendships

Friday, March 27 @ 9:00 AM

Live Music

with Todd Haggren

Monday, March 30 @ 2:00 PM

Catholic Mass Schedule

Saturday, March 7 @ 2:45 PM

Friday, March 13 @ 10:15 AM

Thursday, March 19 @ 10:15 AM

Saturday, March 21st @ 2:45 PM

Thursday, March 26th @ 10:15 AM

Feeling Lucky at River Bend!

We’re sham-rockin’ into March at River Bend! Our residents showed off their Irish spirit in style, and the smiles say it all. They love the sparkles and the laughter! These moments are a perfect reminder that the best kind of luck is the joy we share here. We are excited about our upcoming events and especially the Irish lunch on St. Patrick’s Day! See page 2 of the newsletter for more details! Here’s to a bright and cheerful March!



Susan



Gerry



Daisy



Kelli



HAPPY BIRTHDAY

Resident Birthdays

John Hacke	March 7
Darlene Spoden	March 12
Sandi Sampson	March 27



Staff Birthdays

Angie Boge	March 3
Katie Davidshofer	March 6
Teagan Kelchen	March 7
Helen Koopmann	March 18
Natalie Merritt	March 25



Turn the clocks ahead!

Daylight Savings Time
WILL BEGIN AT 2:00 AM
SUNDAY, MARCH 8TH.

Staff Spotlight

Amira Bogovich

Universal Worker

Start Date: September 6, 2025

This month, we're shining the spotlight on Amira! She has called Dubuque, IA home her entire life. She enjoys traveling to Indiana to visit extended family. Amira is a graduate of Dubuque Senior High School.



Amira is an excellent cook and baker and says, "Give me any recipe and I can make it!" She says "I'd like to learn to make pastries from scratch and become a professional chef someday."

Amira says she is most proud of her beautiful 8-month-old daughter. Outside of work, she enjoys time outdoors, baking, going out for breakfast with friends, attending Dubuque Fighting Saints hockey games, and more than anything, spending time with family."

What does she love most about River Bend? "Everyone was so welcoming, and now I've gotten close to the residents. I love hearing about everyone's life stories."

We're grateful for the care, positivity and warmth Amira brings to River Bend each day!

Celebrate St. Patrick's Day with us!

Join us on **Tuesday, March 17th @ 11:30 AM** at **River Bend Retirement Community** for a festive **St. Patrick's Day** celebration!

Enjoy a **complimentary Irish meal** followed by a lively **performance by Irish dancers**.

This event is open to guests 55 and older.

Please RSVP by **March 13th** by calling **563-852-5001**.

We look forward to celebrating with you!



Resident Corner

Your chance to get to know Shirley Hanssen. She has been a River Bend resident since August of 2025.

Where are you originally from? "I moved here from Monticello."

What was your occupation? "I worked in a dentist office for many years as the front desk person."

What was your favorite trip or travel memory? "I traveled to Florida a lot to visit family over the years. I enjoyed the nice weather there."

What are your favorite treats? "Chocolate, ice cream and donuts."

What were your hobbies?" I like to put together puzzles."

What are your favorite TV shows? "I don't watch much but, I like the news, movies, or gameshows."

What Clubs or organizations were you involved in? "I was involved in my church."

What activities do you enjoy most at River Bend? "I like to play bingo and do crafts."



Shirley Hanssen



Our Valentine lunch was made extra special from start to finish. We had a toast of wine, a delicious meal and of course dessert.

Top Photo: John and LaVonne

Bottom Photo: Katie, Rita, Sandy, and Naomi

Valentine's Day 2026 Royalty



**Louise
& Dick**



**Nikki
& Phil**



Perfect for St. Patrick's Day!....

Easy Watergate Salad

Ingredients

- 1 (20 ounce) can crushed pineapple in juice, undrained
- 1 cup mini marshmallows
- 1 (3.4 ounce) package instant pistachio pudding mix
- 1/2 cup chopped pecans
- 8 ounce container Cool Whip thawed



Instructions

Start by mixing together the dry pudding mix, crushed pineapple, mini marshmallows, and chopped pecans. Next, fold in the thawed Cool Whip until well combined. Chill the Watergate salad until you're ready to serve.



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“RETURN SERVICE REQUESTED”

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