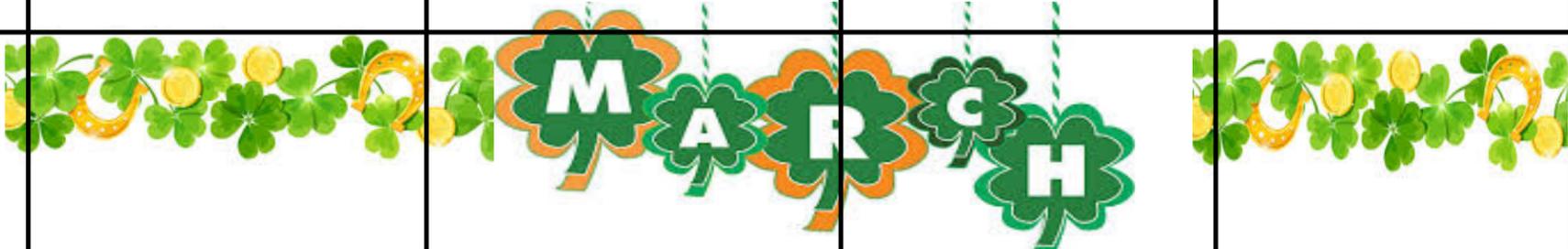


March 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	2 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	3 10:15 Rosary in the Chapel 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip	4 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Shamrock Craft 2:30 Shamrock Craft (M)	5 9:30 Drum Fit (M) 10:30 Bean Bag Toss 1:00 Founding Mothers Program at Cascade Library	6 9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Yahtzee! (M)	7 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word	
8 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	9 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Penny Drop Game 2:30 Table Bowling (M)	10 10:15 Rosary in the Chapel 1:30 Coffee & Conversations w/ Rachel (NAMI) 2:30 Card BINGO (M)	11 9:30 Chair Yoga (M) 9-10 Blood Pressure Checks 10:30 Chair Exercise 12:15 Resident Meeting 1:30 "Lucky to Have Support" w/ St. Croix Hospice 2:30 Ice Cream Social (M)	12 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 BINGO w/ Above & Beyond Hospice 2:30 BINGO (M)	13 10:15 Word & Communion w/ Deacon Joe 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Lucky Clover Games (M)	14 9:00 Bible Study	
15 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	16 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Jeopardy- St. Patrick's Day Theme 2:30 Jeopardy (M)	17 10:15 Rosary in the Chapel 11:30 55+Older Luncheon followed by Irish Dancers 2:00 March Madness Brackets <i>St Patrick's Day</i>	18 8:30 Manicures 9:30 Chair Yoga (M) 1:30 Card BINGO 2:30 Card BINGO (M)	19 10:15 Mass in the Chapel 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	20 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Baking Club 2:30 Baking Club (M) <i>First Day of Spring</i>	21 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word	
22 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	23 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	24 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	25 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	26 10:15 Mass in the Chapel 1:30 Coffee & Conversations w/ Rachel (NAMI) 2:30 BINGO (M)	27 9:00 Men's Coffee 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Music Bingo At Cascade Library	28 9:00 Bible Study	
29 1-3:00 Easter Bunny Visit Palm Sunday	30 9:30 Chair Exercise (M) 10:30 Chair Exercise 2:00 Live Music by Todd Hagen	31 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)					
				Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments.			