

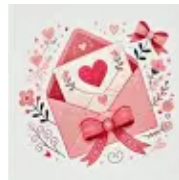






February 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	2 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	3 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	4 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Euchre/Card Games 2:30 Old Maid/Card Games(M)	5 9:30 Drum Fit(M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	6 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Yahtzee! (M)	7 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
8 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	9 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Name That Tune- Famous Love Songs 2:30 Name That Tune (M)	10 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	11 9:30 Chair Yoga (M) 9-10 Blood Pressure Checks & Heart Health Talk 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Show & Share- Someone you LOVE 2:30 Valentine's Games (M)	12 10:15 Mass in the Chapel 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	13 9:30 Basketball Toss (M) 10:30 Fitness Friday! 11:30 Valentine's Day Dinner 1:30 Live Music by Chris Ross	14 9:00 Bible Study  Happy Valentine's Day!
15 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	16 9:30 Chair Exercise (M) 10:30 Health Talk w/ Blue Stone Therapy on "Lymphedema" 1:30 Baking Club 2:30 Baking Club (M)	17 10:15 Rosary in the Chapel 1:30 Mardi Gras Coffee & Kings Cake 2:30 Mardi Gras Party (M) Mardi Gras	18 8:30 Manicures 10:15 Ash Wednesday w/ Deacon Joe 1:30 Card BINGO 2:30 Card BINGO (M) Ash Wednesday	19 10:00 Winter Wellness w/ NAMI 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	20 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Music BINGO at Cascade Library	21 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
22 9:00 Communion Distribution 1:30 Community BINGO 5:30 Euchre Club- Resident led after Supper	23 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	24 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	25 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	26 10:15 Mass in the Chapel 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	27 9:00 Men's Coffee 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 The Price is Right 2:30 The Price is Right	28 9:00 Bible Study
						
			<p>Activities in RED are open to the public.</p> <p>Note: Times and activities are subject to change. (M) is for activities in Moments</p>			