









January 2026 River Bend Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
4 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	5 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	6 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	7 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Baking Club 2:30 Baking Club (M)	8 10:15 Mass in the Chapel 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	9 9:30 Basketball Toss (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Yahtzee! (M)	3 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
11 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	12 9:30 Chair Exercise (M) 10:30 Fitness Facts w/ Fox Therapy 1:30 Winter Craft 2:30 Winter Craft (M)	13 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	14 9-10 Blood Pressure Checks 10:00 Become A Dementia Friend 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Euchre 2:30 Card Games (M)	15 9:30 Drum Fit(M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	16 AM- Podiatry Visit 12:00 Dollar General 1:30 Live Music by Janet Lieb	17 9:00 Bible Study 2:45 Mass in the Chapel w/ Divine Word
18 9:00 Communion Distribution 1:30 Live Music by Tangle Creek! 5:30 Euchre Club- Resident led after Supper	19 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	20 8:30 Manicures 10:15 Rosary in the Chapel 1:30 Coffee & Conversations w/ Rachel (NAMI) 2:30 Card BINGO (M)	21 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Hawaiian Happy Hour 2:30 Hawaiian Happy Hour (M)	22 10:15 Mass in the Chapel 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	23 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Jeopardy 2:30 Jeopardy (M)	24 9:00 Bible Study
25 9:00 Communion Distribution 5:30 Euchre Club- Resident led after Supper	26 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Penny Drop Game! 2:30 Dice Games (M)	27 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	28 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Valentine Craft 2:30 Valentine Craft (M)	29 9:30 Drum Fit (M) 10:30 Drum Fit 1:00 Aquin Jr. High Musical Legally Blonde Jr.	30 9:00 Men's Coffee 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 BINGO 2:30 BINGO (M)	31 9:00 Bible Study
			<p>Activities in RED are open to the public. Note: Times and activities are subject to change. (M) is for activities in Moments</p>			