












River Bend January 2025 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
5 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	6 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	7 10:15 Rosary in the Chapel 1:30 Card BINGO 2:15 Pet Visit w/ Ed & Chip!	8 9:30 Chair Yoga (M) 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Baking Club 2:30 Baking Club (M)	9 10:15 Mass in the Chapel w/ Fr Mark 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	10 9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Jeopardy 2:30 Snowball Games (M)	11 9:00 Bible Study w/ Fr. Mark
12 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	13 8:30 Manicures 9:30 Chair Exercise (M) 1:30 Live Music by Todd Hagen	14 9:30 Muffins in Moments(M) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	15 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Snowlake Craft 2:30 Snowflake Craft (M)	16 9:30 Drum Fit (M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	17 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	18 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
19 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	20 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Penny Drop 2:30 Snow Dough (M)	21 9:30 Muffins in Moments(M) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	22 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Happy Hour 2:30 Happy Hour (M)	23 10:15 Word & Communion w/ Deacon Joe 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	24 AM- Podiatry Visit 12:00 Brother's Market 1:30 Around the World Arm Chair Travel 2:30 Arm Chair Travel (M)	25 9:00 Bible Study w/ Fr. Mark
26 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	27 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Left, Right Center (M)	28 9:00 Trip to Cheryl's Flour Garden Bakery & Coffee 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	29 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Euchre 2:30 Euchre/Card Games (M)	30 9:30 Drum Fit (M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	31 9:00 Men's Coffee 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	
			Note: Times and activities are subject to change. (M) is for activities in Moments		