











River Bend October 2024 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Pet Visit w/ Ed & Chip	2 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Fall Painting 2:00 Fall Painting (M)	3 9:30 Ladder Ball (M) 10:30 Ladder Ball 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	4 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	5 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word	
6 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	7 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Worship & Prayer w/ Cornerstone Church	8 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	9 9:30 Chair Yoga (M) 10:30 Chair Exercise 12:15 Resident Meeting 1:30 Happy Hour 2:30 Happy Hour (M)	10 10:15 Mass in the Chapel w/ Fr/ Mark 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	11 9:30 Beach Ball Toss (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 The Price is Right 2:30 The Price is Right (M)	12 9:00 Bible Study w/ Fr. Mark	
13 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	14 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Music w/ Dave Mehr! 	15 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	16 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Halloween Craft 2:30 Halloween Craft (M) 	17 9:30 Drum fit (M) 10:30 Drum Fit 12:00 Brother's Market 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	18 9:30 Table Ball (M) 10:30 Fitness Friday! 12:15 Scenic Drive & Pie @ Breitbart's 2:30 Games (M)	19 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word	
20 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	21 9:30 Chair Exercise (M) 10:30 Chair Exercise 12:30 Sewing Circle 1:30 Left, Right, Center 2:30 Left, Right, Center (M)	22 9:30 Muffins in Moments (M) 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	23 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Euchre 2:30 Euchre/Cards (M)	24 10:15 Mass in the Chapel w/ Fr/ Mark 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	25 9:00 Men's Coffee AM- Podiatry Visit 12:00 Dollar General 1:30 Wheel of Fortune 2:30 Wheel of Fortune (M)	26 9:00 Bible Study w/ Fr. Mark 3-4 Trick or Treat at River Bend	
27 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	28 9:00 Trip for Coffee Brew & Brew Dyersville 9:30 Chair Exercise (M) 12:30 Sewing Circle 1:30 Dice BINGO 2:30 Dice BINGO (M)	29 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	30 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Baking Club- Spooky treats! 2:30 Baking Club (M)	31 9:30 Bean Bag Toss (M) 10:30 Chair Exercise 1:30 Halloween Happy Hour 2:30 Happy Hour (M) Happy Halloween 			
		Note: Times and activities are subject to change. (M) is for activities in Moments					