

















River Bend August 2024 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:15 BINGO (M) 10:15  1:30 Olympic Games 2:30 Olympic Games (M)	2 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Olympic Games 2:30 Olympic Games (M)	3 9:00 Bible Study w/ Fr. Mark 2:45 Mass in the Chapel w/ Divine Word
4 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	5 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Worship & Prayer w/ Cornerstone Church	6 10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	7 9:30 Chair Yoga (M)  10:30 Chair Exercise 11:30 Cookout for Lunch! 12:15 Resident Meeting 1:30 Happy Hour 2:30 Happy Hour (M)	8 10:15 Mass in the Chapel w/ Fr/ Mark 1:30  (Bucks store open after BINGO) 2:30 BINGO (M) Iowa State Fair Aug 8-18	9 9:30 Beach Ball Toss (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel of Fortune 2:30 Card Games (M)	10 9:00 Bible Study w/ Fr. Mark
11 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	12 9:30 Chair Exercise (M) 10:30 Chair Exercise 1:30 Left, Right, Center 2:30 Dice Games (M)	13 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M) Lefthanders Day	14 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:00 Baking Club- Mini Pies 2:00 Baking Club- Mini Pies (M)	15 9:30 Drum fit (M) 10:30 Drum Fit 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	16 9:30 Table Ball (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Carnival Games 2:30 Carnival Games (M)	17 9:00 Bible Study w/ Fr. Mark 10:00 Cascade Hometown Days Parade line-up 2:45 Mass in the Chapel w/ Divine Word
18 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	19 9:30 Table Ball (M) 10:30 Chair Exercise 1:30 Music w/ Emily Dirks	20 9:30 Muffins in Moments (M)  10:15 Rosary in the Chapel 1:30 Card BINGO 2:30 Card BINGO (M)	21 9:30 Chair Yoga (M)  10:30 Chair Exercise 11:30 Cookout for Lunch! 1:30 Euchre 2:30 Euchre (M)	22 10:15 Mass in the Chapel w/ Fr/ Mark 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	23 9:30 Bean Bag Toss (M) 10:30 Fitness Friday! 12:00 Brother's Market 1:30 Wheel Of Fortune 2:30 Wheel of Fortune (M)	24 9:00 Bible Study w/ Fr. Mark
25 5:30 Euchre Club- Resident led. Meet after Supper in Activity Area	26 8:30 Manicures 9:30 Golf (M) 1:30 Board Games 2:30 Yahtzee (M)	27 10:15 Rosary in the Chapel  1:30 Card BINGO 2:30 Card BINGO (M)	28 9:30 Chair Yoga (M) 10:30 Chair Exercise 1:30 Craft 2:30 Craft (M)	29 9:30 Bean Bag Toss (M) 10:30 Bean Bag Toss 1:30  (Bucks store open after BINGO) 2:30 BINGO (M)	30 9:30 Chair Exercise (M) 10:30 Fitness Friday! 12:00 Dollar General 1:30 Jeopardy 2:30 Water Balloon Games (M)	31 9:00 Bible Study w/ Fr. Mark
			 Note: Times and activities are subject to change. (M) is for activities in Moments 