



**June Events
Open to the
Public**

Bible Study
Every Saturday
9:00 AM

Fitness Friday!
Chair Exercise with us
Every Friday in June

Music & Prayer
Hosted by:
Cornerstone Church
Monday, June 3rd
1:30 PM

Cheers to Dad
Wednesday, June 12th
1:30 PM

🎵 **Live Music** 🎵
Darlene Meyer
Wednesday, June 26th
1:30 PM

Catholic Mass
Saturday, June 1st @2:45 PM
Thursday, June 13th @10:15 AM
Saturday, June 15th @2:45 PM
Thursday, June 27th @10:15 AM

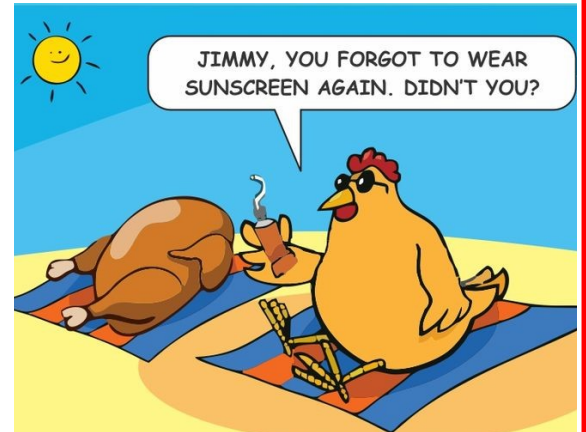


Hello Summer!
Grilling season is here and we have already been enjoying grilled meals courtesy of the River Bend Cooks! The first official day of Summer is June 20th and with that comes some special activities for those at River Bend. We have two fishing trips on our June activity calendar. We also plan to enjoy some summer outdoor music concerts and more fun surprises too!



Cheers to Dad
In honor of Father's Day we will celebrate all River Bend Dads with a special happy hour Wednesday, June 12th at 1:30 PM

A friendly reminder of the importance of wearing sunscreen!



Photos from planting day!

Our gardens beds are planted and the flowers are blooming! It's been so nice to get out and enjoy the sunshine and fresh air. We planted tomatoes, peppers, radishes, lettuce, onions and of course some flowers to enjoy! Our courtyards are open and residents have been out all spring! We will be busy keeping everything watered so we can enjoy a bountiful harvest.



June

Birthdays

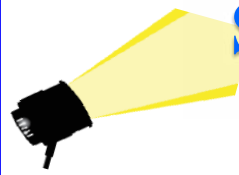


Resident Birthdays

Paul Massey	June 3
Kay Wessels	June 15
Gene Gudenkauf	June 16
Dave McNally	June 22

Staff Birthdays

Baliegh Martin	June 6
Madison Oberfoell	June 8
Jennifer Peiffer	June 9
Lacie Cook	June 12
Hannah Breitbach	June 13
Amanda McDowell	June 20
Randi Leigh	June 21
Wendy Hernandez	June 22
Zuleika Nodal	June 27
Perla Ortiz-Landa	June 30



Staff Spotlight



Gini Summerall

Universal Worker &
Medication Manager

Even though Gini has lived in Iowa for less than two years she already says “Iowa is home. I love the people and the community feel here.” Gini grew up in Florida and has also lived in Alaska. She served as a Correctional Officer for the Army and Military Police for the National Guard for seven years. Gini joined our River Bend team in November of 2023. She has been married to her husband Chris for 16 years. She has one daughter, one stepson, one grandchild, and 2 fur-babies. Gini’s hobbies include: making custom wreaths, kayaking, fishing, swimming, and anything outdoors. She says she loves Mexican food and Diet Mt. Dew. We enjoy Gini’s smile and silly spirit! She is good at making others smile and we are happy to have her here!

Fun facts about June

1. June is the month with the longest daylight hours of the year in the Northern Hemisphere, and conversely, June has the shortest daylight hours of the year in the Southern Hemisphere.
2. June’s birthstone is the pearl, the Moonstone and the Alexandrite.
3. The June birth flower is the Rose and the Honeysuckle.
4. JUNE is ranked as the 298th most popular given name in the United States with an estimated 231,008 people living with this name.
5. June is derived from Juno, the goddess of marriage.
6. In both common and leap years, no other month begins on the same day of the week as June. Weird, isn’t it?
7. June is a month dedicated to raising awareness about Alzheimer's disease and promoting brain health.

Resident Corner

Getting to know Rita Kauder

Where are you originally from? “I was born in LaMotte, IA but my family moved to Cascade when I was just 6 months old after my father died. I was the youngest of nine.”

Where did you go to school? “I went to St. Mary’s.”

A bit about your family. “My husband was Bill Kauder Jr. and We had seven children; Liz, Bill, Floyd, Susie, Bart, Kyle, and Kit..”

When did you move to River Bend? “In September of 2022”

What is your favorite treat? “I love peach pie”

What is your favorite activity or pastime? “I enjoy flower gardening and being outside in the sun! In the past I would have said bowling was a hobby of mine and I once bowled a 276!”

What do you like about River Bend? “I like living here because the staff does everything for me! It’s nice having lots of people around and I’m always up for a good game of Euchre with other residents!”



Rita Kauder

Annual Anniversary Celebration



Planning is underway for our Annual Anniversary Celebration! This event is open to the public and we hope to see you there! Put this date on your calendar: Sunday, September 8th, 2024. Our event is planned from 12-3 PM. We’ll have music, food, and of course FUN! More details to come! Watch our Facebook page and upcoming issues of the newsletter for more updates!

Like us on Facebook!



FUN

&

GAMES



Bob R. & Zuleika



Carl



Karen

From our baking club....

STRAWBERRY LEMONADE COOKIES

Ingredients

1 box lemon cake mix
1 box strawberry cake mix
 $\frac{2}{3}$ cup vegetable oil divided
4 large eggs divided
 $\frac{1}{4}$ cup powdered sugar



Instructions

Line two half-size baking sheets with parchment paper. In a large bowl, mix together lemon cake mix, $\frac{1}{3}$ cup of vegetable oil, and 2 eggs. If cookie dough becomes too thick, keep folding it with a spatula. In a separate bowl, mix together strawberry cake mix, $\frac{1}{3}$ cup vegetable oil, and 2 eggs. Using a medium (1.5 inch) cookie scoop. Fill half of the scoop with lemon cookie dough and the other half with strawberry. Repeat, dropping the cookies onto the baking sheet, 2 inches apart. Move the cookies to the refrigerator for 20 minutes to chill. Preheat the oven to 350°F. Before baking, roll each cookie slightly in your hands to smooth out the edges. Place them back onto the baking sheet, and bake for 10 minutes. Allow the cookies to cool for 5 minutes on the baking sheet and finish cooling on a cooling rack. Sprinkle with powdered sugar before serving.

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